



◆ **Naval Support Activity Mid-South Contact Information**

Naval Support Activity

Mid-South Security

(901) 874-5533

Housing

(901) 874-5547

Naval Support Activity

Quarterdeck

(901) 874-5509

Fleet and Family Support Center

(901) 874-5075

Chapel

(901) 874-5341

Branch Health Clinic

Appt line: 1-877-879-1621

Youth Center

(901) 874-5155

Teen Center

(901) 874-5494

PSD

(901) 874-7355 I.D. Cards

(901) 874-5741 Travel

(901)-874-5875

Navy Legal Services

(901)874-5793

Helmsman Complex

(901) 874-5132

American Red Cross

NSA Mid-South Office

(901) 874-5607

◆ **SHELTERS**

Trinity Baptist Church

Southaven, MS

1-662-349-3333

Church of Christ

Senatobia, MS

1-662-562-4434

Grand Casino

Tunica, MS

1-662-357-6068

Memphis Convention and Visitors Bureau

901-543-5300 or 1-800-873-6282

Red Cross Shelter

2230 East 15th Street

Panama City Beach, FL

1-877-272-7337

◆ **KATRINA HELP LINES**

American Red Cross (ARC)

1-877-272-7337

Individuals affected by Hurricane Katrina can receive assistance from the Mid-South Chapter of the ARC. You need to go to the Red Cross HQ at 1400 Central Ave. Memphis and register as an evacuee by showing a drivers license or other form of ID from the affected areas. Once registered, you can receive assistance in the form of vouchers or a debit card that can be used at local stores to purchase household goods, food clothing, etc. Values of vouchers vary based on the number of individuals in your family. The Red Cross also has personal hygiene items available for pickup. You DO NOT need to be staying in a Red Cross shelter to receive this support. Anyone affected by Hurricane Katrina can participate.

American Red Cross Victims Registry

1-866-438-4636

They will do a welfare inquiry (search/rescue) after 48 hours. Must have full name, full address, age, work number for the person(s) being sought and all the seeker's contact information as well. They will do a welfare inquiry (search/rescue) after 48 hours.

American Red Cross Donation Line

1-800-435-7669

Individual Assistance-ESF 11 Margaret Hester
#5572

American Red Cross Tipton County Chapter

Court Square

Covington, TN

1-901-476-0221

◆ KATRINA HELP LINES

FEMA (Federal Emergency Management Agency)

1-800-621-FEMA(3362)

EMA (Emergency Management Agency)

Millington Division

1-901-872-7851

FEMA Region 6 RRCC (Denton, TX)

1-940-898-5433

FEMA Region 4 RRCC (Atlanta, GA)

1-770-220-5600

Mississippi State EOC Rescue Hotline

1-601-352-9100

Kentucky State EOC

1-800-928-2380 or 1-800-255-2587

Military One Source

1-800-342-9647

Salvation Army

1-800-725-2769

Salvation Army Emergency Radio Network

www.satarn.org

Fleet & Family Support Center

NSA Mid-South, Millington

1-901-874-5075

Navy Marine Corp Relief Society

NSA Mid-South, Millington

1-901-874-7350

1-901-874-7351

1-901-874-7353

Louisiana State Police

1-800-469-4828

Katrina Helpline

(All Military and Retired must call or register with)

1-877-414-5358

Katrina Updates from NPC

www.npc.navy.mil/katrina

PSD Afloat Atlantic

1-866-239-0303

◆ KATRINA HELP LINES

National Credit Union Administration Taskforce

Assisting those affected by Hurricane Katrina

1-800-827-6282

The following extensions must be dialed for inquiries regarding:

Alabama, Mississippi: x3049

Louisiana: x4049

Data Processing: x8049

E-mail addresses:

Alabama: KatrinaAL@NCUA.GOV

Louisiana: KatrinaLA@NCUA.GOV

Mississippi: KatrinaMS@NCUA.GOV

Military Family Locator

1-888-777-7731

www.militaryfamilylocator.org

Department of Navy Civilian Human Resources Katrina Hotline

1-877-689-2722

EBIS Call Center – As a result of Hurricane Katrina, it is either very difficult, if not impossible, for DON civilian employees to access the EBIS web page. Employees should be advised to contact EBIS Call Center if they need to conduct any benefits transactions, etc. for the time being.

1-888-320-2917

Social Security Office

0900-1600, Mon-Fri

3602, Austin Peay

Memphis, TN

Phone: 385-0127

Directions: Go on Singleton Parkway towards Memphis. Turn Right on Austin Peay.

Social Security Office is one mile down, on the left.

Division of Employment Security

Information and numbers to assist Hurricane Katrina victims file for Unemployment Insurance Benefits.

Alabama: file by phone 1-866-234-5382

Louisiana: file by phone at 1-866-783-5567 or by internet www.laworks.net or www.ldol.state.la.us .

Another toll free number has been established only for people filing as a direct result of Hurricane Katrina, 1-800-818-7811. Currently this number is only available from 3:00 to 7:00 p.m. CDT.

Mississippi: file by phone at 1-888-844-3577 from 7:00 a.m. to 6:30 p.m. CDT 7 days a week.

YMCA offers free facility usage to Katrina refugees

MEMPHIS, TENNESSEE (August 31, 2005) – Gulf Coast evacuees stranded in the Memphis area are invited to use ANY of our YMCA of Memphis & the Mid-South facilities free of charge by showing a Gulf Coast area driver's license or ID. Keith Johnson, YMCA chief operations officer states, "Our hearts go out to the families who are now with us here in the Mid-South area. We realize this is a stressful time and encourage them to make use any of our 10 local YMCA facilities to relax, swim or exercise during their time here." For branch location information contact the Fogelman Downtown YMCA at (901) 527-9622 or visit www.ymcamemphis.org. In addition to this, the YMCA is offering shower facilities to evacuees.

TN Unemployment Office, Raleigh Branch
2850 Old Austin Peay Highway
Suite 132
Raleigh, TN
1-901-543-7842

Millington Area Chamber of Commerce
Starting a job bank for full and part time positions in the local area. For additional information please contact 1-901-872-7851.

FedEx Kinkos in the Memphis area are offering free internet access to evacuees with I.D. Some locations are offering free printing and discounts on other services, but this is a location decision. Kinkos Cordova at 1130 N. Germantown Pkwy. Is offering free printing up to 25 pages and 30% off the use of the scanner. Hours vary but the Cordova Kinkos is open 24 hrs a day, 7 days a week including holidays. The internet use is unlimited time.

◆ **NEWS and INFORMATION**

WDSU(NBC) affiliate in New Orleans, LA
www.wdsu.com

WLBT(NBC) affiliate in Jackson, MS
www.wlbt.com

You can find latest news videos, shelter information, and other information about hurricane Katrina in Mississippi.

◆ **LOCAL ORGANIZATIONS OFFERING ASSISTANCE**

Millington Crisis Center
Only open until 1:00 p.m.
1-901-872-4357

First Baptist Church of West Memphis
200 N. Missouri
West Memphis, AR
1-870-732-4694

First Unity
9228 Walnut Grove
Memphis, TN
1-901-461-1313

Getwell Road United Methodist
7875 Getwell Road
Southaven, MS
1-662-349-3680

Germantown United Methodist
2331 S. Germantown Road
Memphis, TN
1-901-754-7216

Goodman Oaks Church of Christ
1700 Goodman
Southaven, MS
1-662-349-3600

Hope Presbyterian
8500 Walnut Grove
Memphis, TN
1-901-755-7721

St. Mary's Episcopal Church
692 Poplar Ave
Memphis, TN
1-901-527-3361

Temple Israel
1376 E. Massey
Memphis, TN
1-901-761-3130

Temple of Deliverance
Church of God in Christ
369 G.E. Patterson
Memphis, TN
1-901-521-9160

Associated Catholic Charities
325 Jefferson
Memphis, TN
1-901-722-4700

FEMA: FEDERAL EMERGENCY MANAGEMENT AGENCY

The disaster assistance process for individuals.

Call to apply for assistance. 1-800-621-FEMA(3362). The speech or hearing impaired may call (TTY) 1-800-462-7585. You may also register online at www.fema.gov. For use only by people in designated federal disaster areas. Be prepared to give your Social Security number, describe your losses, provide financial information, and give directions to the damaged property. The information you provided is put into the computer:

You are now in the system

The recovery process begins.

If you have questions, review the Applicant Assistance Guide or visit Frequently Asked Questions. If you are unable to find the information you are seeking call FEMA's helpline listed above. Refer to the application number the registrars gave you when you applied.

Call the FEMA Fraud Hotline if you suspect someone is filing false damage claims. 1-800-323-8603

◆ MEDICAL ASSISTANCE

TRICARE

Tricare Service Center Millington/Memphis
Bldg 456 1st Floor
NSA Mid-South, Millington
1-800-444-5445

Branch Medical/Dental Clinic NSA
Bldg S-771
NSA Mid-South, Millington
1-901-874-6100 x 188/122/123

PHARMACY

NSA Pharmacy 1-874-6121/6124
1-800-513-4164 refills
Express Scripts Pharmacy
1-866-684-4466
www.express-scripts.com

Tricare Prime Patients:

ST Francis Hospital Bartlett will see Tricare patients in their emergency room. They will triage non-emergent patients for acute care.

ST Francis is located at US HWY 64 and Kate Bond Road in Bartlett.

****TRICARE PRIME** patients **MUST** contact their PCM(Primary Care Manager) to obtain authorization for urgent care.

Tricare Standard or TFL Patients:

Tricare Standard or **Tricare for Life** patients requiring urgent or acute care may be seen at:

ST Francis Hospital in Bartlett

Or:

Family Healthcare of Millington

4722 Navy Road Millington, TN

901-873-4501

Walk-ins accepted 8 a.m. to 8 p.m. Mon.-Thurs.,
8 a.m. to 3 p.m. Sat.

DENTAL

United Concordia-Active Duty Family Members

1-800-866-8499

www.ucci.com

BEHAVIORAL HEALTH/MENTAL HEALTH (MUST CALL)

Value Options 1-800-700-8646

Army One Source 1-800-464-8107

www.armyonesource.com

Navy One Source 1-800-540-4123

www.navyonesource.com

◆ HELPING TEENS AND CHILDREN COPE WITH DISASTER

YALSA: Dealing with Tragedy & Terror

<http://www.ala.org/ala/valsa/profdev/dealingtragedy.htm>

Coping with Disaster: Tips for Young Adults

<http://www.nmha.org/reassurance/youngadults.cfm>

NAEP: Disaster, Helping Children Cope

http://www.naspcenter.org/safe_schools/coping.html

AAP Offers Advice on Communicating with Children about Disasters

<http://www.aap.org/advocacy/releases/disastercomm.htm>

◆ **HELPING TEENS AND
CHILDREN COPE WITH DISASTER**

**Children, Stress and Natural Disasters
(resources for educators)**

<http://www.ag.uiuc.edu/~disaster/teacher/teacher.html>

**David Baldwin's Trauma Information: Disaster
Handouts and Links**

<http://www.trauma-pages.com/pg5.htm>

Disaster Recovers: Children's Needs

<http://www.ces.ncsu.edu/depts/fcs/human/disint.html>

Helping Children After a Disaster

<http://www.aacap.org/publications/factsfam/disaster.htm>

Helping Children Handle Disaster Related Anxiety

<http://www.nmha.org/reassurance/children.cfm>

**NIMH: Helping Children Cope with Violence and
Disasters**

<http://www.nimh.nih.gov/publicat/violence.cfm#viol8>

Prepare Respond Recover.com: Children's Needs

<http://www.preparerespondrecover.com/childrensneeds/index.html>

NASP: Coping in Unsettling Times

<http://www.nasponline.org/NEAT/unsettlingtimes.html>

**Natural Disasters: Relief Efforts, eThemes
(resources for educators)**

<http://www.emints.org/ethemes/resources/S00000390.shtml>